



SNAKES & LADDERS OF INVOLVEMENT

Does anyone in your research project or programme have lived experience (LE) of the topic being studied?

No

Yes

Our research participants have LE

We consult people with LE (e.g. advisory group)

We collaborate with people with LE (e.g. peer research)

Our research is led by people with LE

At which stages are people with LE involved?

1 to 3 times throughout the research

At key stages of the research

Throughout, from design to dissemination

Were their suggestions incorporated?

Were their suggestions incorporated?

Were their suggestions incorporated?

No/ barely

Yes, to an extent

Yes, fully

No/ barely

Yes, to an extent

Yes, fully

No/ barely

Yes, to an extent

Yes, fully

Not involvement

Some way towards involvement

Good involvement

Meaningful involvement

Survivor research / user-led research

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